

Beat: Sports

US KATIE LEDECKY PHENOMENAL IS THE BEST WORLD SWIMMER WINNING 5 GOLD MEDALS

AT ONLY 18 YEARS

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USPA NEWS - Leading the way was Katie Ledecky, who won gold and set a world record in the women's 800m freestyle in 8:07.39. It was Ledecky's fifth gold medal of the meet after winning the 400m free, 1500m free, 200m free, and 800m free relay.

KATIE LEDECKY TO 18 YEARS ALREADY BECOMES A LEGEND OF THE WORLD SWIMMING BY COLLECTING ALL RECORDS AND TITLES-----Leading the way was Katie Ledecky, who won gold and set a world record in the women's 800m freestyle in 8:07.39. It was Ledecky's fifth gold medal of the meet after winning the 400m free, 1500m free, 200m free, and 800m free relay. It was also her third world record after shattering the mark in the prelims and finals of the 1500. Lauren Boyle of New Zealand was second in 8:17.65, followed by Jaz Carlin of Great Britain in 8:18.15.-----

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Katie Ledecky has competed in nine World Championship Finals and has emerged victorious in each, during her so young path. She is phenomenal, her style, her attitude, her iron mind, her willing to wing moves her up to the highest hills of legends. She became very quickly a legend at 18 years only. This is just impressive and marks the history of women swimming, since decades. The thing is that Ledecky is so young that she'll continue even further and could reach new records to set for the feminine standards fixed by the previous champions, of another generation.

DECLARATIONS OF KATIE LEDECKY US TEAM "I just couldn't be happier with how this swim went, or how this whole week went," Ledecky said. "It got a little tough around the 550, I think, but I knew I could finish hard. I kind of backed off the first 75. That's what (coach) Bruce (Gemmell) wanted me to do, and he told me to put that in the last 75. So I knew I could finish hard because I had done what I needed to do the first 100. I'm just very happy with how that swim went.

"I kind of figured the next step would be under 8:10, and I kind of thought it would be 8:08, so to see the 8:07 was great. It's August 8, I was swimming the 800, and believe it or not, it would have been my grandpa's 88th birthday. I didn't really have any pressure, and I didn't really need to do that, but it would have been really cool if it had been 8:08. That's why I was really happy with the 8:07."

Katie Ledecky stands out for its performance with such a natural style and the appearance of such ease when she distances her competitors in the basin and up will leaving them behind a few meters away. Unheard of !

"It's all about moving forward," Ledecky said. "I set very high goals a couple years ago. After Barcelona, I set my goals for these last couple years, and I have a little ways to go still. I'm chipping away at those goals, and this is a really great stepping stone towards Olympic Trials." According to US Team Swimming, swimswam

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